# **February 5, 2025 ECHO Resource Sheet**

# Maine Crisis Line

### Reach the Maine Crisis Line directly by calling: **1-888-568-1112**

National Suicide & Crisis Lifeline: **Call 988**

(Maine callers using 988 will be routed to the Maine Crisis Line)

* Text and Chat Service is available 24/7/365.
* To start a text conversation, send a message to 1-888-568-1112
* To start a chat conversation, visit [heretohelpmaine.com](https://heretohelpmaine.com/) and click “chat”
* Physicians and other providers may call the crisis line for support in working with their patients in crisis.

### Maine Crisis Line’s Statewide Crisis Response Partners

* AMHC: <https://www.amhc.org/>
* Community Health and Counseling Services: <https://www.chcs-me.org/>
* Crisis and Counseling Centers: <https://crisisandcounseling.org/>
* Sweetser: <https://www.sweetser.org/>
* The Opportunity Alliance: <https://www.opportunityalliance.org/>

## Children’s Behavior Health Urgent Care Clinic

* <https://www.chcs-me.org/childrens-behavior-health-urgent-care-clinic/>
* A program of Community Health and Counseling Services in Bangor, ME

DBTeens

* <https://dbteensnh.org/>
* Outpatient telemental health treatment program for youth ages 12-18 in Maine, New Hampshire, Vermont and Massachusetts.

Maine Statute - Consent of Minors for Health Services

* <https://www.mainelegislature.org/legis/statutes/22/title22sec1502.html>