

Crisis Services

How does it work?

Call the State Crisis Line

1-888-568-1112

Who answer the Crisis Line?

**The Opportunity
Alliance**

Then....

- The crisis line determines an appropriate response
- If a mobile response is needed: warm hands the caller to the appropriate mobile team
- Mobile Crisis staff respond
- Crisis staff assess, collaborate, determine level of care and facilitate placement, if appropriate
- Crisis provides 30 days of post intervention follow up for stabilization

How Do We Assess

- Presenting Problem/History
- Services Providers
- Developmental History/Ability to care for self
- Health Information- Medical/Medication/ Ability to care for self
- Substance Use Information
- Family History
- Trauma
- Educational
- Social/Other-examples living situation, legal issues, social relationships
- Risk Assessment- SI, HI, Appetite and sleep

Columbia-Suicide Severity Rating Scale

- Have you wished you were dead or wished you could go to sleep and not wake up?
- Have you actually had any thoughts of killing yourself?
- Suicidal Thoughts with Method- Have you been about how you might do this?
- Suicidal Intent- Have you had these thoughts and had some intention of acting on them?
- Suicide Intent with Specific Plan- Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?
- Suicide Behavior- Have you ever done anything, started to do anything, or prepared to do anything to end your life?

Sweetser

- Crisis Services – our approach
 - Individualized- no set bar
 - Collaborative
 - Least Restrictive

Level of Care and Follow-up

LOC

- Home and Community
 - Referrals to new providers
 - Collaboration with current providers
- Crisis Residential Unit
- Inpatient Psychiatric Hospitalization

Follow-up

- 24 Hour
- 30 days
- As needed phone and in-person support
- Assessments as needed
- Safety planning
- Team meetings
- Proactive Community Meetings

Questions?