

Janet T. Mills
Governor

Jeanne M. Lambrew, Ph.D.
Commissioner



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
11 State House Station
286 Water Street
Augusta, Maine 04333-0011
Tel; (207) 287-8016; Fax (207) 287-9058
TTY: Dial 711 (Maine Relay)

Maine Pediatric Mental Health Care Access Program Advisory Board Meeting Minutes December 10, 2020

In Attendance:

Shelia Nelson, Amy Belisle, Chris McLaughlin, Lisa Letourneau, Kate Downing, Jesse Higgins, Kate Herlihy, Maryann Harakall, Stacey LaFlamme, Mary Jean Mork, Dean Bugaj, Nicole Breton, Kathryn Temple, Diana Prescott, Jennifer Laferte-Carlson, Julie Carroll, Adrienne Carmack, Kristin Carpenter, Xionshen Jin, Sandra Fritsch, Heather Young, Kelly Pelletier.

1. Introductions

2. Update

- **Program Name:**

Maine Pediatric and Behavioral Health Partnership

- **Mission Statement:**

The Mission of the Maine Pediatric and Behavioral Health Partnership (MPBHP) is to educate, support and empower pediatric care providers through training and ongoing web-based and telephonic patient care consultations with behavioral health providers.

- **Vision Statement:**

The vision of the Maine Pediatric and Behavioral Health Partnership (MPBHP) is to foster enhanced children's behavioral health throughout Maine, especially in rural and medically underserved areas.

- **Organization Chart and Roles and Responsibilities:**

These have been sent out for others to review

- **Training and Website:**

We have purchased Zoom Webinars to be able to host trainings, we will have live trainings but also offer on demand trainings through the website for those who can not attend live trainings.

We continue to meet with the clinical team to review power point trainings and edit them to get them ready for training starting the beginning of the year (2021).

Now that we have a program name, we can move forward above with obtaining a user domain and building of the program's website.

We are also working on a contract with Puelle Design to help up with developing a Logo for the program.

3. Welcome Sandra Fritsch, Kristin Larpenner and Xiaoshen Jin from Colorado Pediatric Psychiatry Consultation & Access Program

- Sandy presented a power point overview of the program in Colorado
- Sandy reminded us of all the work that had been done previously on the Maine CPAP program and shared some resources that may be helpful for us to revisit.
- Sandy reminded us that we need to have the HRSA Disclaimer
- Sandy talked about the importance of utilizing the current movement and acceptance of telehealth in being able to get our program/services accepted and to help with possible payment options.
- Sandy talked about the importance of having timely consultations, about having trainings, resources and an access point that is readily available for providers to access.
- Sandy emphasized the importance of having a statewide teleconsultation service
- She talked about trainings and making sure that we have a central source of training. They used ECHO and she talked about the importance of having series and how to engage providers and support them during the training series.
- Sandy talked about the importance of offering Cultural Training and to talk about the difference in practices from rural and urban and what some of the cultural differences may be.
- Sandy shared that they break their trainings down into Core Essentials and Beyond Core Essentials.
- We then talked about their enrollment process. We talked about the difference of enrolling a practice vs enrolling provider.
- Sandy shared that they review the provider agreement with every provider, and they must agree and complete the form to be considered “enrolled”. Sandy shared that this form can be filled out by the practice manager, medical director or provider themselves.
- She talked about how they are partnering with School Based Health Clinics as well as this is often times the only safety net for children and its important to educate and include these providers
- Sandy talked about the need to do some skill building with providers during training to focus on motivational interviewing, engagement with teens and making sure the providers are taking care of their own stress as well.
- We then talked about billing for Consultation services. We talked about different codes that can be used but Sandy suggested that we look at maybe taking a Population Health Approach where we come up with a funding formula that shows how much it would cost per child per month for these services and then work with insurance companies on approving the fees.

4. Mainecare billing codes (Telehealth)

- We reviewed the current Mainecare codes for telehealth and asked providers for feedback in how these codes are working.

- We talked about the differences in Codes 99451 and 99452
- We talked about how the codes appear to be good and useable the challenge right now is getting them added to healthcare systems so providers can use the codes.

5. Work Groups:

- **Financial work group needed**
- We talked about the need to develop a work group to continue to look at the challenges of billing and being able to have providers bill for consultation services both through Mainecare and private insurance companies.
- It was suggested that if we develop a work group, we should have a primary care provider as part of the group to represent the needs of the primary care providers.
- Suggested members were Mary Jean Mork, Deb Haggler, Deb Detrick
- Suggested to look at billing codes vs value-based billing
- Should talk to Value Based Purchasing Team through Mainecare for some information, support, guidance, suggestions

6. Executive Committee Member Updates

Commissioner's Office:

- Telehealth- Telemedicine
- Rural Health Transformation
- Providers are having a hard time getting payment for services during COVID that are not deemed “medically appropriate”

MaineCare:

- Dean indicated that he has hired two new members of his team and they are fully staffed. He has hired Sara Fisher and Janet Sedgewick both for outreach and education in different departments.

Office of Child and Family Services:

- The annual Children’s Behavioral Health Report has come out with updates on what has happened over the past year in OCFS.
- <https://www.maine.gov/dhhs/ocfs/cbhs/documents/CBHS%20Annual%20Report%202020%20FINAL.pdf>
- They have hired Jessica Chow to work on they Systems of Care Grant that will be looking at behavioral health care and access (specifically HCT services) in dedicated counties.

Office of Behavioral Health

- The Crisis Center Contract has been completed and awarded to Opportunity Alliance. They are working on a CSU for transitional aged youth 14-17 years of age. They are subcontracting with Sweetser.

- Reminded that NAMI has the **Teen Text Support Line (207) 515 - 8398.**

Other:

Covid 19 resources: <https://pages.apa.org/healthcare-worker-covid-19-resources/>

Upcoming Meeting Dates

Date	Time	Location
February 11, 2021	9:00am to 11:00am	Zoom
April 8, 2021	9:00am to 11:00am	Portland, Augusta, Bangor and virtually
June 10, 2021	9:00am to 11:00am	Portland, Augusta, Bangor and virtually