

STATE OF MAINE CHILDRENS SERVICES GRID

Service	What is it?	Who is Eligible?	How to access it
Targeted Case Management (TCM)	A person to help identify unmet needs, access and monitor services	Youth with a mental health diagnosis, developmental disability or chronic medical condition	Refer directly to an agency providing the service.
Behavioral Health Home	Provides integrated medical and behavioral health care coordination and care management mental and physical health needs by partnering with primary care	Youth with a mental health diagnosis, developmental disability or chronic medical condition	Refer directly to an agency providing the service.
Rehabilitative & Community Service (RCS)	A skill building and behavior management program for youth with developmental disabilities; Specialized RCS: uses evidence based interventions	Youth with functional impairment on a standardized assessment tool; Vineland or ABAS	You or the Case Manager can apply to Kepro - information at www.qualitycareforme.com
Outpatient Treatment	Assessment and counseling to address symptoms, relieve excess stress, and promote growth for children and families	Youth with a mental health diagnosis or developmental disability and evidence that treatment is necessary	You make direct referrals to the agency or provider
Medication Management	Psychiatric evaluation, prescription, administration, education and /or monitoring of psychotropic medications	Youth with a mental health diagnosis or developmental disability who have evidence that this treatment is necessary	You may make a direct referral to the agency or provider
Home & Community Treatment (HCT) MST and FFT Are evidence- based models of HCT	In home therapy for children & families to help them learn to react differently to each other's behaviors and more effectively manage mental health symptoms	Youth with functional impairment with a documented need for treatment more intensive than outpatient therapy	You or the Case Manager can apply to Kepro- information at www.qualitycareforme.com For MST and FFT refer directly to the providing agency
Intensive Outpatient Program (IOP)	For youth who need intensive treatment for acute psychiatric and/or chemical dependency issues while living at home	Needs can't be met in a community based setting- requires active and inclusive treatment in an outpatient setting	Referrals are made directly to the Hospital Intake
Residential Treatment	24/7, short term (up to 6 months) out of home treatment to help youth and caregivers develop skills to manage their mental health symptoms and behaviors safely in their community	Youth who have received intensive community treatments and are a danger to self or others and symptoms are too severe to treat in the community	Apply to Kepro at www.qualitycareforme.com
Mobile Crisis	Statewide hotline providing immediate, crisis oriented support and assessment focused on the immediate stabilization of the crisis situation, available 24/7	Any person in Maine at any time	Call the statewide crisis hotline at 1-888-568-1112
Crisis Stabilization Unit (CSU)	A temporary out of home service providing 3-7 day crisis stabilization	Youth in crisis and a current risk of danger to self or others but not in need of psychiatric hospitalization	Mobile Crisis Assessment or Psychiatric ED
Psychiatric Hospital	Short term (3-7 days), 24/7 acute inpatient psychiatric stabilization support by a multi-disciplinary team	Youth presenting with a clear and reasonable inference of serious harm to self or others where the behavior requires intensive psychiatric, medical and nursing treatment interventions	Mobile Crisis or Psychiatric ED determines need and facilitates placement after completing a crisis assessment